

November 2024

Blacksburg Aquatic Center

(540) 443-1120

www.blacksburg.gov/recreation

**** a physician's note is required to participate in Therapy Swim *****

| | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|----------------------------------------------------------------|-----------------------------------------------------------------------------------|--------------------------------------------------------------------------|------------------------------------------------------------------------------------|-----------------------------------------------------------------|---------------------------------------------------------------------------------------|-------------------------------------------------------------------------|
| LAP SWIMMERS: Please call 540-443-1120 to reserve a spot in the lap lanes! | | 5:30 AM - 9:00 AM Lap Swim (6 lanes) | 5:30 AM - 9:00 AM Lap Swim (6 lanes) | 5:30 AM - 9:00 AM Lap Swim (6 lanes) | 5:30 AM - 9:00 AM Lap Swim (6 lanes) | 5:30 AM - 9:00 AM Lap Swim (6 lanes) | | |
| | | 9:00 AM - 11:00 AM Aerobics 9-10 AM **Therapy Swim** | 9:00 AM - 11:00 AM Aerobics 9-10 AM **Therapy Swim** | 9:00 AM - 11:00 AM Aerobics 9-10 AM **Therapy Swim** | 9:00 AM - 11:00 AM Aerobics 9-10 AM **Therapy Swim** | 9:00 AM - 11:00 AM Aerobics 9-10 AM **Therapy Swim** | 9:00 AM - 10:00 AM Lap Swim | |
| | | 11:00 AM - 12:00 PM Lap Swim (6 lanes) | 11:00 AM - 12:00 PM Lap Swim (6 lanes) | 11:00 AM - 12:00 PM Lap Swim (6 lanes) | 11:00 AM - 12:00 PM Lap Swim (6 lanes) | 11:00 AM - 12:00 PM Lap Swim (6 lanes) | 10:00 AM - 10:30 AM Lap Swim (5 lanes) | |
| | | 12:00 PM - 4:00 PM Lap Swim (4 lanes) Rec Swim (2 lanes) | 12:00 PM - 4:00 PM Lap Swim (4 lanes) Rec Swim (2 lanes) | 12:00 PM - 4:00 PM Lap Swim (4 lanes) Rec Swim (2 lanes) | 12:00 PM - 4:00 PM Lap Swim (4 lanes) Rec Swim (2 lanes) | 12:00 PM - 4:00 PM Lap Swim (4 lanes) Rec Swim (2 lanes) | 12:00 PM - 4:00 PM Lap Swim (3 lanes) Rec Swim (3 lanes) [diving board open] | |
| Mon/Wed American Red Cross Swim Lessons Nov 4 - Nov 20 | 1:00 PM - 5:00 PM Lap Swim (3 lanes) Rec Swim (3 lanes) [diving board open] | 4:00 PM - 5:00 PM H20kies (6 lanes) | 4:00 PM - 5:00 PM H20kies (1 lane) Lap Swim (3 lanes) Rec Swim (2 lanes) | 4:00 PM - 5:00 PM H20kies (6 lanes) | 4:00 PM - 5:00 PM H20kies (1 lanes) Lap Swim (3 lanes) Rec Swim (2 lanes) | 4:00 PM - 5:00 PM Giles Jets (4 lanes) Rec Swim (2 lanes) | 10:30 AM - 11:45 PM Lap Swim (4 lanes) Water Aerobics (2) [no instructor] | |
| | | 5:00 PM - 6:00 PM H20kies (6 lanes) | 5:00 PM - 6:00 PM H20kies (5 lanes) Lap Swim (1 lane) | 5:00 PM - 6:00 PM H20kies (6 lanes) | 5:00 PM - 6:00 PM H20kies (6 lanes) | | 12:15 PM - 2:15 PM Private Pool Rental | |
| Sat Red Cross Swim Lessons Nov 9 - Nov 23 | | | 5:00 PM - 6:00 PM H20kies (5 lanes) Lap Swim (1 Lane) | 6:00 PM - 6:30 PM Giles HS (4 lanes) H20kies (2 lanes) | 6:00 PM - 6:30 PM Giles HS (5 lanes) Lap Swim (1 lane) | 6:00 PM - 6:30 PM Giles HS (4 lanes) H20kies (2 lanes) | 5:00 PM - 5:30 PM Giles HS (5 lanes) Lap Swim (1 lane) | |
| | | 6:00 PM - 6:30 PM Giles HS (5 lanes) Lap Swim (1 lane) | 6:30 PM - 7:00 PM Giles HS (4 lanes) Lap Swim (2 lanes) | 6:30 PM - 7:00 PM Aerobics (3 lanes) Giles HS (3 lanes) | 6:30 PM - 7:00 PM Giles HS (4 lanes) Lap Swim (2 lane) | 5:30 PM - 6:45 PM Lap Swim (6 lanes) | | Red Cross Lifeguard Training Course Nov 18-22 4pm-9pm Ages 15+ |
| Check out FREE Aqua Yoga classes 11:00AM - 12:00PM Tuesday November 19th | | 6:30 PM - 7:30 PM Aerobics (3 lanes) Giles HS (3 lane) | 7:00 PM - 7:30 PM Giles HS (4 lanes) C.A.T.T. (3 lanes) | 7:00 PM - 7:30 PM Aerobics (3 lanes) Special Olympics (3 lanes) | 7:00 PM - 7:30 PM Giles HS (3 Lanes) C.A.T.T (3 lanes) | 7:15 PM - 9:15 PM Private Pool Rental | Red Cross Lifeguard Recertification Nov 25-26 5pm-9pm Ages 17+ | |
| | 7:30 PM - 8:00 PM Lap Swim (6 lanes) | 7:30 PM - 8:00 PM C.A.T.T. (3 lanes) Lap Swim (3 lanes) | 7:30 PM - 8:00 PM Lap Swim (3 lanes) Special Olympics (3 lanes) | 7:30 PM - 8:00 PM C.A.T.T. (3 lanes) Lap Swim (3 lanes) | | | | |

Closing Nov 1, 4-8 8:30AM-5:30PM for construction. Holiday hours; Closing Nov 27 @ 5PM; Closed Nov 28-29