PARKS AND RECREATION IN BLACKSBURG

ABOUT TOWN





Active Adult registration begins September 3
Regular registration begins September 10
blacksburg.gov/recprograms

FALL 2024

ABOUT TOWN

FALL 2024

ACTIVITIES AND PROGRAMS

- Administration
- 4 Community Center
- 5 **Aquatic Center**
- 6 Picnic Shelters and Field Rentals
- The Hill Municipal Golf Course
- **Aquatic Programs**
- 14 Community Programs
- **18** Outdoor Programs
- 23 Athletic Programs
- 27 Health and Fitness
- 28 Fitness Center
- 29 Active Adult Programs
- 32 Joy Rides

TOWN COUNCIL

towncouncil@blacksburg.gov Leslie Hager-Smith, Mayor Michael Sutphin, Vice Mayor Susan Anderson Lauren Colliver Jerry Ford, Jr. Susan Mattingly Liam Watson

Stay Connected!















blacksburg.gov/recprograms



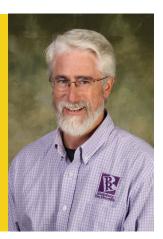
Blacksburg

About Town is a publication of the Community Relations Office

PARKS AND RECREATION ADMINISTRATION

615 Patrick Henry Drive 540-443-1100

DEAN CRANE
Director
dcrane@blacksburg.gov



REFUND POLICY

We understand there are times people need to cancel. Please be mindful when signing up for multiple programs as cancellations do affect program costs.

- Refund requests made less than seven business days prior to the start of the program, camp, class or rental will incur a \$15 service fee per program.
- Full refunds are only given if the cancellation is made prior to the seven business days.
- There is a \$25 service charge applied to all cash refunds.
- · Refunds under \$25 will be credited to the household account.
- Credit card refunds are processed three business days after the original transaction.

INCLEMENT WEATHER POLICY

In the event of a cancellation, information will be posted on the Blacksburg Parks and Recreation Facebook page, the Town of Blacksburg social media sites, and distributed by Blacksburg Citizens Alert. Participants may also call the Blacksburg Community Center at 540-443-1140, Blacksburg Aquatic Center at 540-443-1120, or the main office at 540-443-1100 for updates.

REGISTRATION

Registration for Joy Rides and Active Adult Programs begins Tuesday, September 3, at 9am. Regular Fall registration begins Tuesday, September 10, at 9am.

3 EASY WAYS TO REGISTER

ONLINE www.blacksburg.gov/recreation

PHONE 540-443-1100

IN PERSON Administration Office, Community Center and Aquatic Center.

COMMUNITY CENTER



LYNNE KRULICH
Assistant Director
540-443-1140 • lkrulich@blacksburg.gov

COMMUNITY CENTER 725 Patrick Henry Drive

HOURS OF OPERATION September & October

Monday-Friday 8am-9pm Saturday 8am-5pm Sunday 1pm-5pm

November & December*

Monday-Friday 8am-9pm Saturday 8am-8pm Sunday 1pm-6pm

*Closing at 8pm the last week of December



September 2 November 27 - Closing at 5pm November 28 and 29 December 24 and 25 December 31- Closing at 5pm January 1, 2025

Open Gym Times

Lunchtime Volleyball	Adult Badminton	Basketball (Gym A)	Pickleball (Gym B)
M and F	Tu and Th	Tu and Th	Tu and Th
12pm-4pm	12:10pm-4pm	8am-11:50am	8am-11:50am

For basketball times, please call 540-443-1140. Rentals and scheduled activities cancel open gym times.









CHARLES HORTON

Aquatic Center Supervisor 540-443-1120 • chorton@blacksburg.gov

AQUATIC CENTER 625 Patrick Henry Dr.

HOURS OF OPERATION

Monday-Friday 5:30am-8:15pm Saturday 9am-12pm Sunday 1pm-5pm

The pool closes fifteen minutes before the building.



CLOSED

Aug 26-Sep 8 Annual Maintenance November 27 - Closing at 5pm November 28 and 29 December 24 and 25 December 31 - Closing at 5pm January 1, 2025

ADMISSION FEES AND PASSES

Daily Admission

Adults (15-54): \$4.50 Seniors (55 and up): \$4 Youth (3-14): \$4 Children ages two and under are free with a paying, swimming adult.

10 Swim Passes*

Adults (15-54): \$35 Seniors (55 and up): \$30 Youth (3-14): \$30

30 Swim Passes*

Adults (15-54): \$93 Seniors (55 & up): \$78 Youth (3-14): \$78

Yearly Passes*

Primary Account Member Adults (15-54): \$275 Seniors (55 and up): \$250 Youth (3-14): \$250

Additional Account Member

Adult (15-54): \$200 Senior (55 and up): \$135 Youth (3-14): \$120

*All swim passes expire one year from purchase date and include use of the lap pool, spa, saunas, and water aerobics during appropriate hours.

PRIVATE PARTIES

Fridays 7:15pm-9:15pm

Saturdays 12:15pm-2:15pm

\$145 includes use of lobby, pool, and admission for up to 25 swimmers.

* Add a float package to any private rental for \$40. Includes use of Aquatic Center inflatable toys and animals.

PICNIC SHELTERS AND FIELD RENTALS

PICNIC SHELTERS

Reservations may be made at the Parks and Recreation Office, 615 Patrick Henry Drive, Monday - Friday, 8am-5pm or by phone at 540-443-1100.

Shelter reservation times are 10am-3pm, 4pm - dark, or for the entire day. Fees are \$35/half day or \$55/all day. The fee is non-refundable unless inclement weather prevents use on the day of reservation.

Municipal Park Shelter Rentals:

Shelter I: Seats 160 people. Located on Turner Street.

Shelter II: Seats 48 people. Located on Turner Street, park side. Shelter III: Seats 48 people. Located on Patrick Henry Drive.

Shelter IV: Seats 48 people. Located on Turner Street, park side.

Shelter IX: Seats 100 people. Located on Patrick Henry Drive.

Additional Park Shelter Rentals:

Nellie's Cave Park: Seats 100 people. Located at the end of Grissom Lane.

Tom's Creek Park: Seats 32 people. Located on Tom's Creek Road, west of Route 460. 1/4 mile on the right. Heritage Community Park: Shelter on Glade Road seats 64. The shelter on Meadowbrook Drive seats 64.

Wong Park: Seats 32 people. Located at 303 Wilson Avenue.

Skate Park Shelter: Seats 20 people. Located in front of Main Office, 615 Patrick Henry Drive.

Tennis Court Shelter: Seats 32 people. Located at 615 Patrick Henry Drive.

FIELD RENTALS

Fields may be reserved for softball, baseball, or soccer for a fee of \$12/hr. Tournament fees are \$100/field, per day.

Horseshoe Pits at Municipal and Nellie's Cave Park

Horseshoes may be rented at the Blacksburg Community Center for \$5/set.

Explore Heritage Park!

- Over 169 acres of open meadows, hedgerows, floodplains and marshes.
- Home to an abundance of wildlife including white-tailed deer, wild turkey, and red fox.
- Features the Virginia Birding and Wildlife Trail.

To learn about the Birding and Wildlife Trail visit www.dgif.virginia.gov/vbwt

For more information about parks and trails in Blacksburg, explore online at www.blacksburg.gov/recreation.





JEFF KLEPPIN
Golf Course Supervisor
540-443-1131 • jkleppin@blacksburg.gov

PRIVATE LESSONS

Private lessons are \$30 per hour for adults and \$15 per half hour for juniors. Group lessons, up to four people, are \$25 per hour/per person. Playing lessons are \$60 per session. Email lvelez@blacksburg.gov to schedule a lesson.

WEEKLY ADULT GOLF CLINICS

Adult clinics are held on Thursday evenings from 5:30-7pm through September 19. Our instructor, Lee Velez, will tailor your session to your needs. Cost is \$15 per session. Annual pass holders may attend, free of charge. These group clinics are open to anyone. Space is limited and reservations are required. Please call the pro shop at 540-443-1131 to reserve your spot.

TWILIGHT TAILGATE SPECIAL

Twilight rates will be in effect on all Virginia Tech home football game days. Tee times are required to get the twilight rate.

Saturday, September 7 - Marshall

Saturday, September 21 – Rutgers

Thursday, October 17 - Boston College

Saturday, October 26 - Georgia Tech

Saturday, November 9 – Clemson

Saturday, November 30 - Virginia

COHEE CUP TEAM MATCH PLAY TOURNAMENT - SEPTEMBER 14-15

This Ryder Cup event is open to just the first 24 paid entrants. The two-day event includes: A foursomes match on Saturday morning, lunch on Saturday, a four-ball match on Saturday afternoon, and singles matches on Sunday. Gifts, prizes, and refreshments are provided.

ENTRY FEE: \$125 per player (\$65 for annual pass holders).

ENTRY DEADLINE IS AUGUST 31, 2024.



THE HILL - MUNICIPAL GOLF COURSE

GREEN FEES

Monday-Thursday Daily Green Fees Walk-In Rate

Rates	Price
Walking	\$22
9 holes with cart	\$29
18 holes with cart	\$38
Twilight Walking	\$18

Friday, Saturday, Sunday, Holiday Fees Walk-In Rate

Rates	Price
Walking	\$24
9 holes with cart	\$31
18 holes with cart	\$40
Twilight Walking	\$18

Nine hole cart fee: \$9 Club Rental: \$10 Pull Cart Rental: \$3

Monday-Thursday Daily Green Fees with Advance Tee Time

Rates	Price
Walking	\$18
9 holes with cart	\$25
18 holes with cart	\$34
Twilight Walking	\$14

Friday, Saturday, Sunday, Holiday Fees with Advance Tee Time

Rates	Price
Walking	\$20
9 holes with cart	\$27
18 holes with cart	\$36
Twilight Walking	\$14

Annual Passes

Annual Passes	Rates
Family pass	\$900
Individual pass	\$650
Senior pass (age 60+)	\$585
College pass (Aug-May)	\$485
Junior pass (Age 17-under)	\$400

Annual passes are valid for one year from the date of purchase.

AQUATIC THERAPY FOR REHABILITATION AND EXERCISE

Individuals perform therapy under the direction of their own physician or physical therapist. In addition to a pass or daily admission fee, a letter from a physician or physical therapist is required for admission and must be renewed annually.

M-F 9am-11am

WATER AEROBICS

Conducted in deep and shallow water, this class gives a total body workout with little or no impact. Class includes cardio, toning, and stretching. Participants should be comfortable in deep water. Flotation belts are available.

M-F 9am-10am M, W 6:30pm-7:30pm

RED CROSS LEARN-TO-SWIM

Parent and Child Levels

WATER BABIES and BUGS

Parent/Guardian participation required. Participants will learn to enter and exit the pool safely and get comfortable in the water, as well as explore buoyancy and changing body positions.

Activity#	Date	Time	Fee (R/NR)	Register by
139000-01	M, W Sep 16-25	5pm-5:30pm	\$57/\$67	Sep 13
139000-02	Sa Oct 19-Nov 2	9am-9:30am	\$50/\$60	Oct 18
139000-03	M, W Nov 4-20	5pm-5:30pm	\$57/\$67	Nov 1

Location: Aquatic Center Age: 6 months - 3 years

GUPPIES PLUS

Parent/Guardian participation required. The class objective is to help participants feel comfortable and safely enjoy the water. Includes front/back floating, blowing bubbles, and paddle strokes. Parent must be in the water and assist child with drills and activities. Includes practice pass for parent and participant (2 x per week), which expires at the end of class.

Activity#	Date	Time	Fee (R/NR)	Register by
139005-01	Sa Sep 21-Oct 5	9am-9:30am	\$50/\$60	Sep 20
139005-02	Sa Nov 9-23	9am-9:30am	\$50/\$60	Nov 8

Location: Aquatic Center Age: 3-5

MINNOWS - PRE-SCHOOL LEVEL

Participant must be completely independent of parent. Instruction includes the development of skills while building confidence and independence. Skills include front/back floating, kicking, underwater exploration, and combined stroke with support.

Activity #	Date	Time	Fee (R/NR)	Register by
139008-01	M, W Sep 16-Oct 2	5:35pm-6:05pm	\$65/\$75	Sep 13
139008-02	Sa Sep 21-Oct 5	9:35am-10:05am	\$50/\$60	Sep 20
139008-03	M, W Oct 14-30	5pm-5:30pm	\$65/\$75	Oct 11
139008-04	Sa Oct 19-Nov 2	9:35am-10:05am	\$50/\$60	Oct 18
139008-05	M, W Nov 4-20	5:35pm-6:05pm	\$65/\$75	Nov 1
139008-06	Sa Nov 9-23	9:35am-10:05am	\$50/\$60	Nov 8
139008-07	M, W Dec 2-18	5pm-5:30pm	\$65/\$75	Nov 27

Location: Aquatic Center Age: 3-5

AQUATIC PROGRAMS

RED CROSS LEARN-TO-SWIM LEVELS

LEVEL 1 - STARFISH

Beginner swimmers. Participants will learn to be comfortable and safe in the water. Instruction includes floating, front and back glides, rolling over, combined strokes with breathing, and kicking on back/front unsupported.

Activity#	Date	Time	Fee (R/NR)	Register by
139010-01	M, W Sep 16-Oct 2	6:10pm-6:55pm	\$65/\$75	Sep 13
139010-02	Sa Oct 19-Nov 2	10:10am-10:55am	\$50/\$60	Oct 18
139010-03	M, W Nov 4-20	6:10pm-6:55pm	\$65/\$75	Nov 1

Location: Aquatic Center Age: 6+

LEVEL 2 - SEA TURTLES

Prerequisite: Participants must be able to perform requirements for Level 1. Participants learn to float without support, front and back glides, and combined stroke on front and back with rhythmic breathing.

Activity#	Date	Time	Fee (R/NR)	Register by
139020-01	Sa Sep 21-Oct 5	10:10am-10:55am	\$50/\$60	Sep 20
139020-02	M, W Oct 14-30	5:35pm-6:05pm	\$65/\$75	Oct 11
139020-03	Sa Nov 9-23	10:10am-10:55am	\$50/\$60	Nov 8
139020-04	M, W Dec 2-18	5:35pm-6:05pm	\$65/\$75	Nov 27

Location: Aquatic Center Age: 6+

LEVEL 3 - STING RAYS

Prerequisite: Must be able to perform requirements for Level 2. Instruction includes front crawl, back crawl, butterfly kick, open turns, diving from the side, and treading water.

Activity#	Date	Time	Fee (R/NR)	Register by
139030-01	Sa Sep 21-Oct 5	11am-11:45am	\$50/\$60	Sep 20
139030-02	M, W Oct 14-30	6:10pm-6:55pm	\$65/\$75	Oct 11
139030-03	Sa Nov 9-23	11am-11:45am	\$50/\$60	Nov 8
139030-04	M, W Dec 2-18	6:10pm-6:55pm	\$65/\$75	Nov 27

Location: Aquatic Center Age: 6+

LEVEL 4 - SWORDFISH

Prerequisite: Must be able to perform requirements for Level 3. Skills taught include breaststroke, treading water, elementary backstroke, diving skills, butterfly, and open turns.

Activity#	Date Time		Fee (R/NR)	Register by
139040-01	Sa Oct 19-Nov 2	11am-11:45am	\$50/\$60	Oct 18

Location: Aquatic Center Age: 6+

PRIVATE SWIM LESSONS

Private swim lessons are available for all ages and abilities. Instructors will develop a program which meets the goals, needs and schedules of students. Lessons are 30 minutes each and one hour lessons are available.

Five 30-minute lessons \$85 Ten 30-minute lessons \$160

SEMI-PRIVATE SWIM LESSONS

Semi-private swim lessons are for groups of 2-3 participants of similar ages and abilities. Days and times are arranged per participants' schedule.

Five 30-minute lessons \$45 per person Ten 30-minute lessons \$88 per person

RED CROSS LIFE SAVING

LIFEGUARD TRAINING COURSE

Lifeguard candidates will learn the skills and knowledge needed to prevent and respond to aquatic emergencies. Course content and activities prepare candidates to recognize and respond quickly and effectively to emergencies.

Candidates must pass the following prerequisites:

- Jump into deep water and totally submerge, resurface then swim 150 yards using the front crawl, breaststroke, or a combination of both. (Swimming on the back or side is not permitted. Swim goggles are allowed).
- Maintain position at the surface of the water for 2 minutes by treading water using only the legs. Swim 50 yards using the front crawl, breaststroke, or a combination of both.
- Starting in the water, swim 20 yards (swim goggles are not allowed). Submerge to a depth of 7-10 feet to retrieve a 10-pound object. Return to the surface and swim 20 yards on the back to return to the starting point, holding the object at the surface with both hands. Exit the water without using the ladder or steps. Must be completed in 1 minute, 40 seconds.

Students must attend all sessions, demonstrate competency in all required skills and activities, demonstrate competency in the three final skill scenarios, and correctly answer 80% of the questions in the three sections of the final written exam.

Activity#	Date	Time	Fee (R/NR)	Register by
139200-01	Oct 7-11	4pm-9pm	\$225/\$235	Oct 4
139200-02	Nov 18-22	4pm-9pm	\$225/\$235	Nov 15
139200-03	Dec 16-20	4pm-9pm	\$225/\$235	Dec 13

Location: Aquatic Center Age: 15+

LIFEGUARD RECERTIFICATION CLASS

Participants will learn all the skills required to renew American Red Cross Lifeguarding Training. CPR/FPR, AED, and First Aid certifications are included. Must have a current American Red Cross Lifeguarding certification. An ARC certification that is expired less than one year, prior to the start of the class, is also acceptable.

Activity#	Date	Time	Fee (R/NR)	Register by
139201-01	M, Tu Oct 14 and 15	5pm-9pm	\$95/\$105	Oct 11
139201-02	M, Tu Nov 25 and 26	5pm-9pm	\$95/\$105	Nov 22

Location: Aquatic Center Age: 17+

ADULT AND CHILD CPR & AED

Learn to respond in an emergency situation with skills that can save a life. Skills include caring for conscious and unconscious choking victims, CPR and use of automated external defibrillator (AED) for sudden cardiac arrest.

Activity#	Date	Time	Fee (R/NR)	Register by
139225-01	W Sep 25	6pm-9pm	\$85/\$95	Sep 23
139225-02	W Jan 29	6pm-9pm	\$85/\$95	Jan 27

Location: Community Center Age: 11+

FIRST AID TRAINING

To teach lay responders the knowledge and skills necessary to give care in an emergency, help sustain life and minimize the consequences of injury or sudden illness until medical help arrives.

Activity#	Date	Time	Fee (R/NR)	Register by
139226-01	W Nov 20	6pm-9pm	\$60/\$70	Nov 18

AQUATIC PROGRAMS

SWIM PROGRAMS

CONDITIONING AND TRAINING TEAM (CATT) (Tu/Th)

Supervised practices in a fun and supportive environment. Workouts will focus on improving endurance and techniques for all strokes. Meets Tuesday, and Thursday evenings 7-8pm.

Prerequisite: Must be able to swim 50 yards without stopping or holding onto pool deck / lane lines. Must also be able to tread water for 60 seconds.

Activity#	Date	Time	Fee (R/NR)	Register by
139099-01	Tu, Th Sep 17-26	7pm-8pm	\$10/\$20	Sep 17
139099-02	Tu, Th Oct 1-29	7pm-8pm	\$40/\$50	Oct 1
139099-03	Tu, Th Nov 5-21	7pm-8pm	\$35/\$45	Nov 5
139099-04	Tu, Th Dec 3-19	7pm-8pm	\$25/\$35	Dec 3

Location: Aquatic Center Age: 6-18

SNORKELING 101

Learn the basics of snorkeling in a safe, comfortable environment. Snorkeling allows you to experience the fun and beauty of water. You will learn the following skills: mask basics (breathing, clearing, adjusting, defogging), swimming with fins, safety techniques, entering the water safely while wearing mask and fins, surface diving, Avoiding and recovering from dangerous situations.

Activity #	Date	Time	Fee (R/NR)	Register by
139085-01	F Oct 18	6pm-9pm	\$40/\$50	Oct 15
139085-02	F Nov 15	6pm-9pm	\$40/\$50	Nov 12

Location: Aquatic Center Age: 10+



SCUBA DISCOVERY

Participants will experience the adventure of diving, under the supervision of a certified SDI professional, in a pool. Scuba Discovery allows individuals to try scuba diving, without the commitment of a full certification course. All equipment provided. A medical release must be completed prior to participation. Prior approval by a physician may be required. Note: this is not a certification course.

Activity#	Date	Time	Fee (R/NR)	Register by
139300-01	F Oct 4	6pm-9pm	\$75/\$85	Sep 30
139300-02	F Nov 1	6pm-9pm	\$75/\$85	Oct 28

Location: Aquatic Center Age: 10+

FLOATING PUMPKIN PATCH

Join friends and neighbors for a cool spin on the traditional pumpkin patch. Children will pick their own pumpkin and then decorate it. All ages are welcome. Enjoy an afternoon of fun in the water! **Limit 30.**

Activity #	Date	Time	Fee (R/NR)	Register by
139083-01	Sa Oct 12	12:30pm-2:30pm	\$5 Entry fee includes pumpkin	Oct 9

Location: Aquatic Center Age: 0+



heldelitelet

SWIMMING WITH SANTA!

Have you heard? The pool is the best place to be during these cold, winter days – especially if you are swimming with Santa! Join us on Saturday, December 14th, 12:30-2:30pm, for our "Swim with Santa" event.

Bring the kids (don't forget their list), along with suits and cameras, as we offer a fun and festive evening for you and your family. Enjoy holiday music, swim in a climate controlled environment, and tell Santa what you want for the holidays! Santa will be visiting the Blacksburg Aquatic Center (BAC) for only a few hours. This opportunity is your chance to have summer-type fun with Santa. This event is \$5 for all ages. Limit 30.

Activity#	Date	Time	Fee (R/NR)	Register by
139092-01	Sa Dec 14	12:30pm – 2:30pm	\$5	Dec 11

Location: Aquatic Center Age: 0+

Johnson Johnson

COMMUNITY PROGRAMS



DAVID GOODMAN

Community Programs Supervisor 540-443-1106 • dgoodman@blacksburg.gov

COMMUNITY PROGRAMS

ACTIVE FUN RHYTHM AND MOVEMENT

This interactive children's program will incorporate music, movement, and games in a supervised setting. Parent participation is required.

Activity#	Date	Age	Time	Fee (R/NR)
101103-G1	Tu Oct 1-Nov 5	2-4	9am-9:45am	\$35/\$45
101103-G2	Tu Oct 1-Nov 5	4-6	10am -10:45am	\$35/\$45
101103-G3	W Oct 2-Nov 6	1-1.8	9am-9:45am	\$35/\$45
101103-G4	W Oct 2-Nov 6	18-24 months	10am -10:45am	\$35/\$45
101103-G5	Th Oct 3-Nov 7	2-4	9am-9:45am	\$35/\$45
101103-G6	Th Oct 3-Nov 7	4-6	10am -10:45am	\$35/\$45

Location: Community Center Register By: Sep 27

LEGO® STEM FOR TINY BUILDERS

Prepare preschoolers for school and life by building confidence and social skills while igniting their STEM journey. LEGO® Education Early Learning tools inspire natural curiosity and encourage learning through play.

NEW

Activity#	Date	Time	Fee (R/NR)	Register by
102410-TB	W Oct 30-Dec 11	10:30am-11:30am	\$35/\$45	Oct 23



BOOKS AND BRUSHES

Each class will include reading a children's book, singing songs, and creating an art piece based on the story. Examples of books are Not a Box, Where the Wild Things Are, and The Very Hungry Caterpillar.

Activity#	Date	Time	Fee (R/NR)	Register By
101101-F1	T Sep 24-Oct 29	1:30pm-2:15pm	\$45/\$55	Sep 19
101101-F2	Th Sep 26-Oct 31	1:30pm-2:15pm	\$45/\$55	Sep 24
101101-F3	T Nov 5-Dec 10	1:30pm-2:15pm	\$45/\$55	Nov 1
101101-F4	Th Nov 7-Dec 19	1:30pm-2:15pm	\$45/\$55	Nov 5

Location: Community Center Age: 4-5

SENSORY ART

Children will create, play, investigate, and explore the wonders of art through a variety of sensory experiences. Come prepared for some messy fun!

Activity#	Date	Time	Fee (R/NR)	Register By
101102-SA	T Sep 24-Oct 29	2:30pm-3:15pm	\$45/\$55	Sep 19
101102-SB	Th Sep 26-Oct 31	2:30pm-3:15pm	\$45/\$55	Sep 24
101102-SC	T Nov 5-Dec 10	2:30pm-3:15pm	\$45/\$55	Nov 1
101102-SD	Th Nov 7-Dec 19	2:30pm-3:15pm	\$45/\$55	Nov 5

Location: Community Center Age: 2-3

HOLIDAY ART ACTIVITIES

THANKSGIVING TISSUE PAPER CANDLE HOLDERS

NEW

Turn a bit of tissue paper and an old glass jar into a beautiful candleholder for your Thanksgiving table.

Activity#	Date	Time	Fee (R/NR)	Register by
101005-F2	M Nov 18	4:30pm-5:30pm	\$15/\$25	Nov 14

Location: Community Center Age: 3-7

DAY OF THE DEAD SUGAR SKULLS

Celebrate Día de los Muertos by creating your own mixed-media Sugar Skull. Participants will use a variety of materials to create this vibrant symbol of the holiday based on traditional Mexican folk art.

Activity#	Date	Time	Fee (R/NR)	Register by
101005-F1	M Oct 28	4:30pm-5:30pm	\$15/\$25	Oct 24



COMMUNITY PROGRAMS

NOEL SHARPIE TIE-DYE BOOKMARK

Create a one-of-a-kind gift using scraps of plastic bottles, buttons, string, and a little chemistry.

Activity#	Date	Time	Fee (R/NR)	Register by
101005-F3	M Dec 16	4:30pm-5:30pm	\$15/\$25	Dec 12

Location: Community Center

Age: 8-12

JUMP ROPE BASICS

Learn single rope and double Dutch skills in this fun introduction to the sport of jump rope. Sessions include one hour of instruction and one hour to jump. No experience is necessary. Ropes are provided.

Activity#	Date	Time	Fee (R/NR)	Register by
101109-01	Sa Sept 21	3pm-5pm	\$10/\$15	Sep 19
101109-02	Sa Oct 19	3pm-5pm	\$10/\$15	Oct 17
101109-03	Sa Nov 16	3pm-5pm	\$10/\$15	Nov 14

Location: Community Center

Age: 5-9

REGENERATIVE FARMING AT RED FERN FARM

Visit Red Fern Farm to see what a small-scale regenerative farming operation looks like. This family-owned, micro farm is located in Floyd, Virginia, and offers honey, pasture-raised eggs, cut flowers, and an array of vegetables.

Activity#	Date	Time	Fee (R/NR)	Register by
102331-H1	Su Sep 22	9am-1pm	\$20/\$30	Sep 19
102331-H2	Su Oct 20	9am-1pm	\$20/\$30	Oct 17

Location: Community Center

Age: 16+

MERIT BADGES FOR SCOUTING BSA

CITIZENSHIP IN THE COMMUNITY

Plan for a day of learning about your community. Participants must attend a Town Hall or School Board meeting to meet all requirements. Non-Scouts may attend.

Activity	# Da	te Tin	ne Fee (R/NR) Register by
102402-D	1 Sa N	ov 2 8:30am	n-4pm \$25/\$35	Oct 30

Location: Community Center

Age: 12-17



CHESS

Develop a firm understanding of the history, rules, and strategies associated with one of the oldest board games in the world. Non-Scouts may attend.

Activity#	Date	Time	Fee (R/NR)	Register by
102402-T1	Sa Oct 19	8:30am-12pm	\$25/\$35	Oct 16
102402-T2	Sa Dec 14	8:30am-12pm	\$25/\$35	Dec 11

SKATEBOARDING SESSION

Participants will learn new tricks and improve their skills with pointers from talented program staff.

Activity#	Date	Time	Fee (R/NR)	Register by
102410-AE	Sa Sep 28	9am-12pm	\$35/\$45	Sep 25
102410-AP	Sa Oct 19	9am-12pm	\$35/\$45	Oct 16

Location: Municipal Skate Park Age: 8-15

FUSED GLASS

FUSED GLASS 101: AN INTRODUCTION TO GLASS FUSING - ART TILES AND PENDANTS

Learn the basics of glass cutting, trimming, compatibility, assembly, and kiln forming. All glass supplies are included. Registration preference is given to first-time participants. Please choose the waitlist even if the class appears full. For more information email drldmm@comcast.net.

Activity#	Date	Time	Fee (R/NR)
112302-G1	Sa, Sep 28-Oct 19	9:30am-1:30pm	\$135/\$145

Location: Instructor's Studio, 3304A Pilot Rd, Riner, VA Age: 13+

FUSED GLASS 201: ART PANELS AND SLUMPING OF DISHES AND BOWLS

Expect to make several art panels and dishes. Glass supplies are included. Prerequisite:Fused Glass 101 or instructor permission. For more information email drldmm@comcast.net.

Activity#	Date	Time	Fee (R/NR)
112302-G2	Sa Oct 26 and Nov 9-23.	9am-1pm	\$155/\$165

Location: Instructor's Studio. 3304A Pilot Rd. Riner. VA Age: 13+

DOG TRAINING

OUTDOOR DOG OBEDIENCE BEGINNING CLASS

This class covers basic dog obedience. Dogs must be six months or older. First class is without the dog. For more information, contact Judy at 540-544-7556. Class covers heel on leash, automatic sit, sit-stay, down-stay, stand-stay and recall.

Activity#	Date	Time	Fee (R/NR)
112230-D1	Sa Sep 7-Oct 26	9:30am-10:30am	\$70/\$80

Location: Municipal Park Shelter 2 (first class) and 615 Patrick Henry Drive (remaining classes). **Age:** Participant, 16+ Dog 6 months+ for both classes.

OUTDOOR DOG OBEDIENCE ADVANCED CLASS

This class covers retrieve, retrieve over the high jump, broad jump, out of sight stays, drop on recall and other advanced skills. Dogs must be six months or older. Dogs attend all classes. For more information, contact Judy at 540-544-7556.

Activity#	Date	Time	Fee (R/NR)
112230-D2	Sa Sep 7-Oct 26	10:45am-11:45am	\$70/\$80

Location: Municipal Park Shelter 2 (first class) and 615 Patrick Henry Drive (remaining classes). **Age:** Participant, 16+ Dog 6 months+ for both classes.



MADELINE SHOWALTER

Outdoor Supervisor 540-443-1104 • mshowalter@blacksburg.gov

FAMILY COOKOUT AND MOVIE NIGHT

Enjoy a cookout and movie night with family. Food is provided.

ı	Activity#	Date	Time	Fee (R/NR)	Register by
	130101-S1	Sa Sep 14	6pm-9pm	\$25/\$35	Sep 10

Location: Community Center Age: 5+, Parent or guardian attendance required for youth under 16.

FAMILY FLOAT DAY

For those seeking a relaxing day on the river, this trip offers a perfect opportunity to enjoy an outdoor experience together. Participants have the choice of kayaking, canoeing, or rafting. Staff will provide shuttle and fun.

Activity#	Date	Time	Fee (R/NR)	Register by
130003-2	Su Sep 15	9am-5pm	\$40/\$50	Sep 10

Location: Community Center Age: 5+, Parent or guardian attendance required for youth under 16.



SWIFT WATER RESCUE COURSE - LEVEL 4

This American Canoe Association course will educate and train whitewater river runners for emergencies. Emphasis is on recognition and avoidance of common river hazards, execution of self-rescue techniques, and rescues of paddlers in distress.

Activity #	Date	Time	Fee (R/NR)	Register by
100101-A1	Sa, Su Oct 5-6	8am-5pm	\$290/\$300	Oct 1

Location: Community Center and Local Rivers Age: 18+

CANOE AND CAMP ON THE NEW RIVER

Spend a weekend canoeing the New River and camping on the riverbank. Guides will provide participants with equipment, a safety talk, a lesson on paddling fundamentals, and shuttle transportation. Tents are provided, but participants are welcome to bring their own.

Activity #	Date	Time	Fee (R/NR)	Register by
130009-01	Sep 21-Sep 22	9am -12pm	\$90/\$100	Sep 13

MOUNTAIN BIKING FUNDAMENTALS

Experience mountain biking and learn fundamentals such as braking, shifting, body positioning, and the mechanics of a mountain bike. Participants must bring a fully functioning and safe mountain bike and helmet. Please have one of the local bike shops check it before the start of the program.

Activity#	Date	Time	Fee (R/NR)	Register by
130701-01	Sa Oct 5	12pm-4pm	\$35/\$45	Oct 1

Location: Community Center Age: 11+, parent or guardian required for participants

MOUNTAIN BIKING EXPLORE

Guided by an experienced local mountain biker, participants will ride the trails for the first time or come along and discover something new. Section 01 is Draper Mountain. Section 02 is Carvin's Cove. Participants must bring a fully functioning and safe mountain bike. Please have one of the local bike shops check it before the start of the program.

Activity#	Date	Time	Fee (R/NR)	Register by
130704-01	Su Oct 6	12pm-4pm	\$35/\$45	Oct 1
130704-02	Su Oct 13	12pm-4pm	\$35/\$45	Oct 8

Location: Community Center Age: 11+, Parent or guardian required for youth under 16.

ALL ABOUT THE APPALACHIAN TRAIL

This course will cover a history of the Appalachian Trail, thru-hiking routes, navigating the trail, guidebooks and maps, camping and shelters, bear hang techniques, water purification, preparation, cost & gear. Participants will also enjoy a scenic slide-show presentation of pictures taken from Mt. Katahdin, Maine to Springer Mountain, Georgia.

Activity#	Date	Time	Fee (R/NR)	Register by
130705-02	Sa Oct 12	9am – 11am	\$15/\$25	Oct 8

Location: Community Center Age: 11+, Parent or guardian attendance required for youth under 16.

BACKPACKING THE APPALACHIAN TRAIL

Learn lifelong skills about backpacking the Appalachian Trail through hands-on activities. The program will begin with a hike along the Appalachian Trail and includes a rustic dining experience, cooking on camp stoves, and enjoying the food amidst nature. The program fee covers all meals.

Activity#	Date	Time	Fee (R/NR)	Register by
130705-03	Sa Nov 16	9am-2pm	\$35/\$45	Nov 9

Location: Community Center Age: 11+, Parent or guardian attendance required for youth under 16.

FALL FOLIAGE CANOE/KAYAK TOUR OF THE NEW RIVER

Take a relaxing, guided paddling trip on one of the most beautiful sections of the New River. Guides will provide participants with safety instructions and a lesson on paddling fundamentals. Equipment and transportation are included in the fee. Canoe tour: October 19 Kayak tour: October 27

Activity#	Date	Time	Fee (R/NR)	Register by
130513-01	Sa Oct 19	9am-5pm	\$40/\$50	Oct 15
130513-02	Sa Oct 27	9am-5pm	\$40/\$50	Oct 22

Location: Community Center Age: 11+, parent or guardian required for youth under 16

OUTDOOR PROGRAMS

FALL FOLIAGE TREE I.D.

Explore local diverse forests with the beautiful colors and sounds of fall and find the key characteristics that will develop the skills to identify any tree.

Activity#	Date	Time	Fee (R/NR)	Register by
130103-01	Sat Oct 20	11am-1pm	\$15/\$25	Oct 15

Location: Community Center Age: 11+

PALISADES RAFT & DINE

Participants will take a guided, relaxing, raft float down the New River from Eggleston to Pembroke. Dinner and beverages at the Palisades Restaurant are not included in the program cost.

Activity#	Date	Time	Fee (R/NR)	Register by
130509-03	Sa Oct 26	1pm-8pm	\$45/\$55	Oct 22

Location: Community Center Age: 18+

KAYAK ROLL CLINIC

Ideal for beginner to advanced participants who want to fast track their skills or just get some pool time. Learn fundamentals of the roll, bracing, and edge control. Equipment is provided. Personal equipment welcome.

Activity#	Date	Time	Fee (R/NR)	Register by
130501	Sa Nov 2	10am-12pm	\$25/\$35	Oct 29

Location: The Aquatic Center Age: 11+, parent or guardian required for youth under 16

INTRO INTO WHITE WATER KAYAKING

Enjoy a white water kayak experience on a journey down the New River featuring Class 2 and 3 rapids. Participants must have successfully completed the Kayak Roll Clinic prior to enrolling in this course.

Activity#	Date	Time	Fee (R/NR)	Register by
130501-01	Su Nov 3	9am-5pm	\$40/\$50	Oct 29

Location: Community Center Age: 11+, parent or guardian required for youth under 16

BIKE THE VIRGINIA CREEPER TRAIL

Experience the beauty of fall on the Virginia Creeper Trail during this downhill 17-mile ride from White Top, Virginia to Damascus, Virginia. Guidance and transportation are included. Bike rentals are available for an additional cost

Activity#	Date	Time	Fee (R/NR)	Register by
130705-01	Nov 9	8am-6pm	\$40/\$50	Nov 5

Location: Community Center **Age:** 11+, parent or guardian required for youth under 16.



JOURNEY TO THE GREAT CHANNELS

This 6.6-mile hike features a sandstone maze atop Clinch Mountain in Virginia. Explore narrow passages, rocky overhangs, and climb soft sandstone formations.

Activity#	Date	Time	Fee (R/NR)	Register by
130602-1	Sa Nov 10	8am-6pm	\$40/\$50	Nov 5

Location: Community Center Age: 11

Age: 11+, parent or guardian required for youth under 16.

BIKE THE NEW RIVER TRAIL

Experience the beauty of fall on the New River Trail during this 19-mile ride. Guidance and transportation are included. Bike rentals are available for an additional cost.

Activity#	Date	Time	Fee (R/NR)	Register by
130600-A1	Sa Nov 16	9am-5pm	\$30/\$40	Nov 12

Location: Community Center

Age: 11+, parent or guardian required for youth under 16

INDOOR ROCK CLIMBING AT RADFORD UNIVERSITY

This introductory rock climbing course is designed for the novice and intermediate climber. Trained climbing guides will provide participants with the proper gear, instruction, and transportation. Participants will be able to set their own pace.

Activity#	Date	Time	Fee (R/NR)	Register by
130008-1	Sa Nov 17	12pm-5pm	\$30/\$40	Nov 12
130008-2	Sa Dec 14	12pm-5pm	\$30/\$40	Dec 10

Location: Community Center

Age: 11+

OUTDOOR ROCK CLIMBING IN WEST VIRGINIA

This introductory rock climbing course is designed for the novice and intermediate climber. Trained climbing guides will provide participants with the proper gear, instruction, and transportation. Participants will be able to set their own pace

Activity#	Date	Time	Fee (R/NR)	Register by
331001-01	Su Oct 13	9am-5pm	\$35/\$45	Oct 8
331001-02	Sa Nov 30	9am-5pm	\$35/\$45	Nov 26

Location: Community Center

Age: 11+, parent or guardian required for youth under 16.

BUFFALO AND BREW

Hike Buffalo Mountain, one of the most beautiful natural areas in Virginia. After the hike, participants will stop at the Buffalo Mountain Brewery. The program fee includes transportation and guide but does not include tasting at the brewery.

Activity#	Date	Time	Fee (R/NR)	Register by
230210-01	Sa Nov 23	1pm-7pm	\$20/\$30	Nov 19

Location: Community Center

Age: 21+

BACKCOUNTRY BRUNCH

Savor the delight of a meal prepared right at camp. The program will begin with a hike at the local Kelly Knob, and will include a rustic dining experience, cooking on camp stoves and enjoying the food amidst nature. The program fee covers all meals.

Activity#	Date	Time	Fee (R/NR)	Register by
230307-01	Sun Nov 24	9am-1pm	\$15/\$25	Nov 19

Location: Community Center

Age: 11+, parent or guardian required for youth under 16.

OUTDOOR PROGRAMS

BEGINNER CAVING

Push. pull. crawl, and squirm through breathtaking passages, experience total darkness, and unique cave formations at Tawney's Cave. No experience needed.

Activity#	Date	Time	Fee (R/NR)	Register by
130001-01	Su Dec 1	9am-5pm	\$35/\$45	Nov 30
130001-02	Su Dec 8	9am-5pm	\$35/\$45	Dec 6

Location: Community Center Age: 11+, parent or guardian required for youth under 16.

INTERMEDIATE CAVING

Take caving to the next level and experience an underground waterfall and unique cave formations at the New River Cave. Participation in Beginner Caving is highly recommended prior to enrolling in this program.

Activity#	Date	Time	Fee (R/NR)	Register by
130002-01	Sa, Dec 7	9am-5pm	\$40/\$50	Dec 5
130002-02	Sa Dec 14	9am-5pm	\$40/\$50	Dec 12

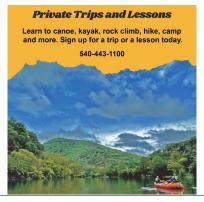
Location: Community Center Age: 16+

HUNTER EDUCATION COURSE

The Virginia Basic Hunter Education course is required for first time hunters prior to purchasing a hunting license. Hunter safety courses are mandatory, and they have reduced the number of hunting related incidents by 25%. Students who successfully complete a written test at the conclusion of the course will receive a certificate and card for use when purchasing their hunting license.

Activity #	Date	Time	Fee (R/NR)
132300-A1	Su Dec 1	9am-5pm	\$35/\$45

Location: Community Center Age: 11+





SEEDS - Blacksburg Nature Center Located at the historic Price House

> Wed: 9:00am - 1:00pm Thu: 2:00 pm - 5:00 pm Fri: 9:00 am - 1:00 pm

Sat: 9:00 am - 1:00 pm.

107 Wharton St. SE • https://seedskids.org • discover@se O Box 824, Blacksburg VA 24063 • SEEDS is a 501(c)(3) ch

SEEDS is a nature-based community organization. The nature center is Located at Blacksburg's historic Price House, 107 Wharton Street SE. We partner with the VT Department of Biological Sciences to offer educational programs, exhibits, and more. Come visit!

Information and registration information for SEEDS programs and summer field camps can be found on our website



MARTY GORDON

Athletic Supervisor 540-443-1105 • mgordon@blacksburg.gov

YOUTH ATHLETICS

YOUTH MOVEMENT AND AGILITY THRU TENNIS

Introduces players to the sport of tennis in a fun and games format, with courts, nets, and equipment scaled to fit the age of the players, in an indoor setting. 8 sessions.

Activity#	Date	Time	Fee (R/NR)
105310-YT	Sa Nov 9-Jan 18	10:30am-11:30am	\$80/90

Location: Community Center

Age: 4-5

FUN BEGINNINGS BASKETBALL

This program offers opportunities for quality time while learning the fundamentals of youth basketball. Participants will develop skills that are needed to become successful in basketball and other youth sports. Participant must be accompanied by a parent or guardian. Program ends before Thanksgiving.

Activity#	Date	Time	Fee (R/NR)
105302-GB	Sa Oct-Nov	9am-10am	\$50/60

Location: Kipps Elementary School Gym

Age: 4-6

PEE-WEE BASKETBALL (BOYS AND GIRLS)

Placement Practice: Tuesday, October 8, 6 pm. Within three weeks, participants will be contacted by their coach regarding practice dates and times. Practices and games will be played on lowered rims on Saturday mornings.

Activity#	Date	Fee (R/NR)
105300-PW	Sa Oct-Dec	\$75/85

Location: Kipps Elementary School Gym Age: 6-8 as of Sep 1, 2024

BOYS MINOR BASKETBALL

Placement Practice: Tuesday, Nov. 12, 6 p.m. Within three weeks, participants will be contacted by their coach regarding practice dates and times. Practices will be 1 hour per

weekday evening. Eight-year-olds can play Boys Minor or Pee-Wee. Games begin in January.

Activity #	Date	Fee (R/NR)
105302-MI	Dec-Mar	\$75/85

Location: Community Center Age: 9-10 as of Nov 1, 2024

BOYS MAJOR BASKETBALL

Placement Practice: Wednesday, Nov. 13, 6 p.m. Within three weeks, participants will be contacted by their coach regarding practice dates and times. Practices will be 1 hour per weekday evening. Games begin in January.

Activity#	Date	Fee (R/NR)
105302-MA	Dec-Mar	\$75/85

Location: Community Center Age: 11-12 Nov 1, 2024

ATHLETIC PROGRAMS

BOYS SENIOR BASKETBALL

Placement Practice: Thursday, Nov. 14, 6 p.m. at the community center. Within three weeks, participants will be contacted by their coach regarding practice dates and times. Practices will be 1 hour per weekday evening. Games begin in January.

Activity #	Date	Fee (R/NR)	
105302-SR	Dec-Mar	\$75/85	

Location: Community Center Age: 13-14 Nov 1, 2024

GIRLS MINOR BASKETBALL

Placement Practice: Wednesday, Nov. 6, 6 p.m. at the community center. Within three weeks, participants will be contacted by their coach regarding practice dates and times. Practices will be 1 hour per weekday evening. Eight year olds can play Girls Minor or Pee-Wee Basketball. Games begin in January.

Activity#	Date	Fee (R/NR)
105301-MI	Dec-Mar	\$75/85

Location: Kipps Elementary School Gym and Community Center Age: 9-10 November 1, 2024

GIRLS MAJOR BASKETBALL

Placement Practice: Thursday, Nov. 7, 6 p.m. at the community center. Within three weeks your child will be contacted by their coach regarding practice dates and times. Practices will be 1 hour per weekday evening. Games begin in January.

Activity #	Date	Fee (R/NR)
105301-MA	Dec-Mar	\$75/85

Location: Kipps Elementary School Gym and Community Center Age: 11-12 November 1, 2024

GIRLS SENIOR BASKETBALL

Placement Practice: Thursday, Nov. 7, 7 p.m. at the community center. Within three weeks your child will be contacted by their coach regarding practice dates and times. Practices will be 1 hour per weekday evening. Games begin in January.

Activity #	Date	Fee (R/NR)
105301-SR	Dec-Mar	\$75/85

Location: Kipps Elementary School Gym and Community Center Age: 13-14 As of November 1, 2024





PRESEASON BASKETBALL CAMP

This camp will focus on the fun of basketball while learning sportsmanship and the fundamentals of the sport.

Activity#	Date	Time	Fee (R/NR)
105300-BC	Nov 18-22	6pm-7:30pm	\$60/70

Location: Community Center Age: 9-14

YOUTH VOLLEYBALL LEAGUE

Sign up in person or over the phone. Late registrations taken upon availability and will be assessed a \$10 late fee. Practices will start in September. Practices will be 1 hour per weekday evening. Games on Saturday mornings.

Activity #	Date	Fee (R/NR)	
105007-VB	Sept-Nov	\$60/70	

Location: Community Center Grades: 5-8

ARCHERY CLINIC- YOUTH

An introduction to the basics of archery. Learn how to practice archery safely, use proper technique, and the use and care of different archery equipment. The class will be split between casual lecture-style learning and hands-on practice on the archery range.

Activity#	Date	Time	Fee (R/NR)	Register by
105311-A2	Sa Sep 21	10am-1pm	\$40/\$50	Sep 14
105311-A3	Sa Oct 5	10am-1pm	\$40/\$50	Sep 28



ADULT ATHLETICS

ADULT DISC GOLF CLINIC

New to Disc Golf? Sign up for this beginner's course, and learn the basics of this challenging and fun sport.

Activity#	Date	Time	Fee (R/NR)
105025-DG	Oct 14 & 21	5:30pm-7pm	\$30/\$40

Location: Municipal Disc Golf Course Age: 18+

ADULT CO-ED VOLLEYBALL LEAGUES

6 vs. 6. League R-Registration, September 1-22; The season will begin on Wednesday, October 4. Registration packets are available at the Blacksburg Community Center.

Activity #	Time	Fee (R/NR)
112401-V1	6pm–9pm	\$175/team

Location: Community Center Age: 18+



PICKLEBALL CLINIC - ADULT BEGINNERS

This clinic introduces basic court positioning, rules, scoring, strokes, volleying and serving. Participant will take part in drills and live-ball rallying.

Activity#	Date	Time	Fee (R/NR)	Register by
112204-PA	Tu, Th Sep 24 & 26	6-8pm	\$65/\$75	Sep 20
112204-PB	Tu, Th Oct 8 & 10	6-8pm	\$65/\$75	Oct 4

Location: Municipal Disc Golf Course Age: 18+

ARCHERY CLINIC- ADULT

An introduction to the basics of archery. Learn how to practice archery safely, use proper technique, and the use and care of different archery equipment. The class will be split between casual lecture-style learning and hands-on practice on the archery range.

Activity #	Date	Time	Fee (R/NR)	Register by
105311-A1	Sa Sep 28	10AM-1PM	\$40/\$50	Sep 21

FITNESS CLASSES

Classes below are ongoing and interchangeable. All passes are good for one year from date of purchase. Please check with a doctor before beginning any fitness program.

Fee (R/NR): Thirteen visit pass \$35/\$45, Thirty-five visit pass \$65/\$75.

AEROBICS

Program focuses on improving muscular strength and endurance, flexibility, range of motion, stability and balance. Learn to develop a healthy lifestyle in a comfortable atmosphere. It's never too late to start.

Date	Time
M,W, F	8:30am-9:30am

HEALTHY BACKS

An exercise class with a focus on participants regaining or maintaining muscular strength, flexibility, balance, and a back free of pain and stiffness.

Date	Time
M,W, F	10:30am-11:45am

STRENGTH TRAINING

Suitable for those committing to a stronger self or improving a current routine. There are tremendous benefits to weight training besides strength. Improve balance, range of motion, good posture and functional performance of everyday activities.

Date	Time
Tu,Th	9am-10am

PILATES

Introduction to the fundamentals of Mat-Work Pilates. Strengthen and lengthen the body through sequential movement and development of core support and proper breathing.

Date	Time
Tu,Th	10:15am-11:15am

STRETCH, BALANCE AND STABILITY

Low-impact aerobics, resistance exercises, balance work and stretching to improve flexibility, stability, and balance. Class finishes with breath work. Students perform the exercises while standing or seated in a chair. Designed for ages 50+.

Date	Time
Tu,Th	9am-10am

ZUMBA

A Latin-inspired, dance fitness class, fusing Latin and international rhythms with easy-to-follow moves. Zumba is a dynamic, exciting, and effective workout. This is a high-intensity workout, designed for ages 18 and above.

Date	Time
M, W, F	9:30am-10:30am
Tu	6pm-7pm

FITNESS CENTER

The Fitness Center features treadmills, stationary bikes, elliptical trainers, weight machine, step machines, and free weights. Open to individuals 18 years of age and above.

FITNESS CENTER PASSES

Five visit pass \$20; thirty visit pass \$50; fifty visit pass \$65. All passes are good for one year from date of purchase. A day pass is available for \$5.

FITNESS CENTER HOURS OF OPERATION:

The Fitness Center closes 30 minutes before the facility closes.

FITNESS CENTER ORIENTATION

Valid pass-holders can receive general instruction, provided by trained staff, on the proper use of the fitness center equipment. Pass-holders are encouraged to leave their contact information at the Front Desk, and a staff member will reach out to schedule an appointment. For exercise beginners or those with specific needs, try the Personal Training program with a certified trainer.

PERSONAL TRAINING

A doctor's written permission may be required to participate in this program. Fee (R/NR): Five sessions \$190R/\$200NR; Ten sessions \$350R/\$360NR. Couples Pass Five Sessions is \$245R/\$255NR. Couples Pass Ten Sessions is \$400R/\$410NR. Each package expires one year from date of purchase. Use of fitness center outside of the PT session will be an additional charge.

YOGA PASSES

The following classes are part of our Yoga Pass system. Six time pass \$45R/\$55NR. Twelve time pass \$85R/\$95NR.

YOGA FLOW

Participants will learn to synchronize breath with poses. Certified instructors, Brittany Folcik and Lori Borny.

Date	Time
Tu/Th	4pm-4:50pm
Sa	10:30am-11:20am





JOY HERBERT Senior Supervisor 540-443-1142 • jherbert@blacksburg.gov

PROGRAMS FOR EDUCATION AND LEISURE

AARP CHAPTER #2613

AARP has general membership meetings at 11:30AM each month. These are usually luncheon meetings with everyone bringing a bagged lunch. Interesting and informative presentations follow. Meetings are free and open to the public unless specified otherwise.

Location	Date	Program	Time	Fee (R/NR)
Blacksburg Community Center	Oct 15 Nov 19	TBA	12pm-1pm	Free
Warm Hearth Holiday Luncheon	TBA	Holiday Celebration	TBA	TBA

DUPLICATE BRIDGE

For information on Bridge, contact Richard Huber at 304-466-0341 or richard55fla@yahoo.com. No registration required.

Date	Time	Fee (R/NR)
W, F	12pm	Donation

Location: Community Center Age: 18+

PARTY BRIDGE

Enjoy this social form of bridge. A room is reserved for any group that would like to play and a full table is required. Contact Joy Herbert at 540-443-1142 or jherbert@blacksburg.gov for information. No registration required.

Date	Time	Fee (R/NR)
1st and 3rd Tuesday of each month	1pm	Free

Location: Community Center Age: 18+

MAH JONGG

This tile matching game originated in 19th century China. For more information contact Joy Herbert at 961-1134 or jherbert@blacksburg.gov. No registration required.

Date	Time	Fee (R/NR)
W	1:30pm	Free

Location: Community Center Age: 18+

SPUNSTERS

Join us as we spin fiber into yarn to use in projects like knitting and weaving. Anyone interested in fiber arts is welcome as we learn and share.

Date	Time	Fee (R/NR)
Th	1pm	Free

ACTIVE ADULT PROGRAMS

KNITTERS

Bring a project and share your skills or learn from others. This informal group meets for socialization while knitting. Other varieties of needlework are welcome.

Date	Time	Fee (R/NR)
2nd Wednesday of each month	10am-12pm	Free

Location: Community Center Age: 18+

BOOK CLUB

The next best thing to reading a great book is talking about it with friends; all ages welcome. No registration required. Program is free.

Book	Date	Time	Free (R/NR)
"The Ride of Her Life" by Elizabeth Letts	Th Sep 12		
"The 100 Years of Lennie and Margot" by Marianne Cronin	Th Oct 10		
"I'm Possible: A Story of Survival, a Tuba, and the Small Miracle of a Big Dream" by Richard Antoine White	Th Nov 14	2pm	Free
"The Secrets Mary Bowser" by Lois Leveen	Th Dec 12		
"A River Road Memoir" by Jane Goette	Th Jan 9		

Location: Community Center Age: 18+

GAME CLUB



Drop in on Tuesday afternoons for backgammon, checkers, chess, parchesi, Chinese checkers, Hearts and more, or bring your own favorite game.

Date	Time	Fee (R/NR)
Tuesdays	2pm	Free

Location: Community Center Age: 18+

ART LOVERS CLUB

Join fellow artists or would-be artists for a weekly opportunity to learn and share painting/drawing skills. Three times this semester artist Betty Moore will lead the class and provide instruction, critique and future projects.

Activity#	Date	Time	Fee
123201-A3	Tu Oct 1-Dec 10	9:30am-11:30am	\$35R/45NR

Location: Community Center Age: 18+

DIGITAL PHOTOGRAPHY



Students will learn to effectively use a digital DSLR camera with detachable lenses in manual mode. Students must bring their own digital camera body, one lens, memory card, and fully charged battery for the first day of class. Composition, editing, and printing will be covered.

Activity #	Date	Time	Fee
123302-A1	Fri – Oct 4, 11, 18 & 25	6pm-8:30pm	\$62R/\$72NR



COMPUTER, SMARTPHONE, TABLET HELP SESSIONS

Volunteers from Virginia Tech's CS Squared will share their skills. Bring questions and suggestions for material you would like them to present. Individual help sessions also available. No registration required.

Day	Date	Time	Fee
Fridays	Aug 30- Dec 6	4pm-5pm	Free

Age: 18+

Location: Community Center

ADVANCED DIRECTIVES

NEW

Join Medi Hospice Care Team in a discussion of 'Advance Care Planning' details, tips and next steps to take. Do not let time run out in preparing yourself, neighbors and friends for the future. Let your wishes be known now for your future care and end of life treatment. Resources, forms and guidance will be available during this session.

Activity #	Date	Time	Fee
12320009	Th Oct 3	2pm	Free, but registration required

Location: Community Center Age: 18+

UNDERSTANDING ALZHEIMER'S AND DEMENTIA



This workshop is for anyone who would like to know more about how Alzheimer's affects the brain, detection, causes and risk factors, stages of the disease, treatment, and much more. Workshop presented by the Alzheimer's Association.

Activity#	Date	Time	Fee
123200-10	Tu Oct 22	2pm	Free, but registration required

Location: Community Center Age: 18+

SPECIAL EVENTS

FALL LUNCHEON AND BINGO

Join us for food, fun and great company.

Activity#	Date	Time	Fee
123000-P1	Tu Oct 1	11:30am-1:30pm	\$7 fee , and bring \$1 in quarters for bingo prizes.

JOY RIDES

FOR THOSE WITH SPECIAL ACCOMMODATIONS OR NEEDS:

Program buses can accommodate walkers, canes, or similar assistive devices. However, staff members are limited to assisting with loading and unloading the vehicle and cannot provide personal assistance beyond that. Therefore, participants with special accommodations or needs, such as physical limitations, significant hearing or vision impairments, or mental disabilities requiring personal assistance during the course of bus operation and/or during programming must be accompanied by a caretaker or aide. Contact Joy Herbert at 540.443.1142 for more details.

KORNER'S FOLLY & PAUL J. CIENER BOTANICAL GARDEN - KERNERSVILLE NC

A guided tour of the 22 rooms of architectural wonder and home of artist and designer Jule Gilmer Korner, built in 1880. Participants will also tour the beautiful Botanical Gardens that surprise visitors near and far. Program fee includes transportation, guided tour, and entrance fees. Lunch is extra at J. Peppers Southern Grill.

Activity#	Date	Time	Fee (R/NR)
123600-D3	W Sep 4	8:30am-7pm	\$40R/\$50NR

Location: Please arrive at the Community Center at least 15 minutes prior to departure.

HISTORIC SALTVILLE

Learn how geology influenced the history of the Saltville area for millions of years with a visit to the Museum of the Middle Appalachians. Learn about the role of the Salt Works in the Civil War. Participants will also see the King Stuart House, Madame Russel Church and Cabin and more. Program fee includes transportation, lunch at Coaches, guided tour, and entrance fee.

Activity#	Date	Time	Fee (R/NR)
123600-F6	W Oct 2	8:15am-6:15pm	\$50R/\$60NR

Location: Please arrive at the Community Center at least 15 minutes prior to departure

TASTE OF WYTHEVILLE



Enjoy a walking tour in downtown Wytheville and stop at popular spots for a progressive meal and some shopping. Indulge in coffee, breakfast bites, bagels, cookies, Paninis, salad, and wine, then finish the day with ice cream treats.

Activity#	Date	Time	Fee (R/NR)
123600-D2	W Oct 9	9am-4:30pm	\$78R/\$88NR

Location: Please arrive at the Community Center at least 15 minutes prior to departure

FALL LUNCHEON AT MOUNTAIN LAKE RESORT

Fall colors should be in peak condition when this program travels up the mountain to dine at the Harvest Grill in the beautiful Mountain Lake lodge. There will be free time afterwards to explore the grounds and visit the gift shop. Program fee includes transportation and lunch.

Activity#	Date	Time	Fee (R/NR)
123600-F3	Tu Oct 15	10:30am-3pm	\$45R/\$55NR



"OKLAHOMA" - WOHLFARTHAUS DINNER THEATER

The groundbreaking Rodger's & Hammerstein's musical that set the stage for all that followed! Set in Western Territory just after the turn of the 20th century. It is a lively musical full of cowboys, farmers, romance and fearless optimism. No refunds after Sep 16 unless a substitute is found.

Activity#	Date	Time	Fee (R/NR)
123600-F6	Th Oct 17	11am – 6pm	\$82R/\$92NR

Location: Please arrive at the Community Center at least 15 minutes prior to departure

WALKER VALLEY MARKET - PEARISBURG

Mennonite owned and operated. While they prepare lunch, participants will shop bulk foods, pottery and gifts, primitive décor, handcrafted Amish furniture, hard to find house wares and more. Great stop for early holiday shopping.

Activity #	Date	Time	Fee (R/NR)
123600-F1	Th Oct 24	10am-2pm	\$9R/\$18NR

Location: Please arrive at the Community Center at least 15 minutes prior to departure

WALKING TOUR OF PEARISBURG

A guided tour led by local historian April Martin will start at the Andrew Johnston home, which is also the home of the Giles Historical Society. Continue through the town to learn its history and experience its charm. Program fee includes transportation, guided tour and entrance fee. Lunch is extra at the Happy Hog restaurant.

Activity#	Date	Time	Fee (R/NR)
123600-F3	W Oct 30	10am-3pm	\$24R/\$34NR

CHILDRESS ROCK CHURCHES A quided tour le



A guided tour led by local historian April Martin will narrate our journey of the six churches that tell the story of bringing spiritual faith and social awakening to the people of the counties of Floyd, Carroll, and Patrick in the Blue Ridge Mountains. Program fee includes transportation and guided tour. Lunch is extra at Tuggles Gap.

Activity#	Date	Time	Fee (R/NR)
123600-F7	W Nov 6	9am-6pm	\$38R/\$48

Location: Please arrive at the Community Center at least 15 minutes prior to departure

DAY IN FANCY GAP

Travel to Beamer Country to visit Red Hill and Sunny Side General Stores, the Dress Shop, and Fancy Gap Pottery. This is a great time for holiday shopping. Program fee includes transportation only. Lunch extra at Lake View Restaurant.

Activity#	Date	Time	Fee (R/NR)
123600-F4	W Nov 20	9am-4:30pm	\$14R/24NR

Location: Please arrive at the Community Center at least 15 minutes prior to departure

DUTCH PANTRY AND LUNCH AT DRAPER MERCANTILE

A great opportunity for holiday shopping, the Dutch Pantry offers bulk foods, pottery, gifts, primitive décor, hard to find house wares and much more. Afterwards, travel to the Draper Mercantile for a delicious lunch and additional shopping. Program fee includes transportation only.

Activity#	Date	Time	Fee (R/NR)
123600-12	W Dec 4	9am-3:30pm	\$14R/24NR

Location: Please arrive at the Community Center at least 15 minutes prior to departure

"CHRISTMAS IN THE PARK" - WOHLFARTHAUS DINNER THEATER

Celebrate the season through song and dance. Enjoy this dazzling production with numbers featuring everyone's favorite mainstream holiday tunes. The show will wrap up with a nativity. Program fee includes transportation, meal and performance. No refunds after November 4 unless a substitute is found.

Activity#	Date	Time	Fee (R/NR)
123600-D1	Th Dec 5	11am – 6pm	\$82R/\$92NR

Location: Please arrive at the Community Center at least 15 minutes prior to departure

"A CHRISTMAS CAROL" - BARTER THEATRE

Join Ebenezer Scrooge on an adventure like no other, as he, with the help of the Ghosts of Christmas Past, Present, and Yet-to-Come, learns to open his heart to all those around him. This new adaptation of the classic story will leave you glowing with the joy of the season. Fee includes transportation and performance. Lunch is extra at one of the local eateries. No refunds after November 4 unless a substitute is found.

Activity#	Date	Age	Time	Fee (R/NR)
123600-F2	W Dec 11	Adults	9am-7pm	\$58R/\$68NR

MYSTERY DINEOUTS

Indulge in culinary experiences and surprises. It is amazing, the variety of flavors that surround us. No fast food or chain restaurants on this trip, only popular and unique destinations in a casual atmosphere. Meals will be extra.

Activity#	Date	Time	Fee (R/NR)	Registration begins
123600-F5	W Sep 18	10am-2pm	\$9/\$18	Sep 3
123600-J1	W Jan 22	10:15am-2pm	\$9/\$18	Sep 3

Location: Please arrive at the Community Center at least 15 minutes prior to departure



HOLIDAY BUFFET - HOTEL ROANOKE

Return to a favorite holiday destination and enjoy a delicious buffet lunch in the elegant Regency dining room at the Hotel Roanoke. Take time afterwards to enjoy the Christmas decorations or a walk down to the nearby city market. Fee includes transportation and buffet.

Activity #	Date	Time	Fee (R/NR)
123600-N1	W Dec 18	10:30am-3pm	\$48/\$58



2024

ANNUAL HOLIDAY PARADE & FESTIVAL

Holiday Lights, Winter Mights

FRIDAY, DECEMBER 6

3pm Holiday market on College Avenue

4pm Visit with Santa at the Lyric Theatre

5:45pm Tree Lighting

6:00pm Music Provided by TubaChristmas®

7:30pm Parade*

*Inclement weather date: December 7



